

Hair Repigmentation During Immunotherapy Treatment With an Anti-Programmed Cell Death 1 and Anti-Programmed Cell Death Ligand 1 Agent for Lung Cancer

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IMPORTANCE New targeted therapies for cancer have been released in recent years, opening new horizons in the treatment of patients with cancer. However, their related adverse events (AE) are not fully characterized. Hair repigmentation (HR) is a nondescribed effect secondary to anti-programmed cell death 1 (anti-PD-1) and anti-programmed cell death ligand 1 (anti-PD-L1) therapy for treatment of lung cancer (LC), in opposition to the vitiligo reactions that develop during melanoma treatment.

OBJECTIVE To describe a new adverse event occurring during anti-PD-1/anti-PD-L1 therapy for LC.

DESIGN, SETTING, AND PARTICIPANTS A case series from a descriptive observation of 14 patients with HR after anti-PD-1/anti-PD-L1 treatment, recruited between September and December, 2016, who were followed up to detect whether they developed cutaneous AE at the time HR was detected. The patients had all been treated in the dermatology department at Hospital Universitari Germans Trias i Pujol, Badalona, Spain.

MAIN OUTCOMES AND MEASURES Clinical observation of HR during anti-PD-1/anti-PD-L1 therapy for LC, proved by comparing old pictures provided by the patients and recent pictures taken during the follow-up.

RESULTS Fourteen patients (13 men and 1 woman; mean age, 64.9 years) receiving anti-PD-1 or anti-PD-L1 therapy for non-small-cell lung cancer (NSCLC) presented hair repigmentation during follow-up. This hair repigmentation consisted in a diffuse darkening of the hair in 13 of 14 patients, or in black patches between white hairs in 1. Thirteen of 14 patients presented a good clinical response to the treatment, with at least stable disease, and only 1 had to stop the therapy after only 4 cycles of treatment owing to a life-threatening progression of the disease.

CONCLUSIONS AND RELEVANCE We present to our knowledge the first report of hair repigmentation owing to anti-PD-1/anti-PD-L1 therapy for lung cancer in a series of 14 patients. Hair repigmentation may be a good response marker in patients receiving anti-PD1/anti-PD-L1 therapy for LC.

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In the past few years some new targeted therapies have been developed. The programmed death receptor-1 (PD-1) and PD ligand-1 (PD-L1) are immune checkpoints that prevent the immune system from acting against the patient's own tissues, thus by blocking these mediators it is possible to prevent tumors from escaping the immune system response.¹ Now 2 anti-PD-1 (nivolumab and pembrolizumab) and 1 anti-PD-L1 (atezolizumab) drug is approved for metastatic non-small-cell lung cancer (NSCLC).²

Owing to the blocking of an immune checkpoint that prevents autoimmunity, several immune-related adverse events have been described. The skin is the most frequently affected organ.^{3,4} Although only 5% of patients develop severe reactions, about half will develop mild to moderate cutaneous adverse events.⁵ These include cutaneous eruption, vitiligo, and pruritus, but no cases of hair repigmentation (HR) have been reported so far.

Report of Cases

In our dermatology department there are 52 patients with lung cancer (LC) in an ongoing prospective study to see whether they develop cutaneous toxic effects while undergoing anti-PD1/anti-PD-L1 therapy. The Hospital Universitari Germans Trias i Pujol institutional review board approved the study and patients gave written informed consent. They were not compensated for participating. We present 14 cases (13 men and 1 woman; mean age, 64.9 years) of HR during anti-PD-1/anti-PD-L1 treatment for LC. Four patients were affected by squamous cell lung cancer and 10 by lung adenocarcinoma (28.6% and 71.4% respectively). Twelve patients were undergoing treatment with an anti-PD-1 therapy (11 nivolumab, 1 pembrolizumab). Two of them were receiving atezolizumab.

All the patients that presented HR remain in treatment with a partial response or stable disease (SD) except 1, who suspended the treatment after 4 cycles owing to progression of the disease (PD) and finally died. Clinical details are summarized in the **Table**.

Most patients who did not present HR had no whitish hair before the treatment, and some of them did not experience HR during therapy.

The HR usually occurred starting at the occipital and temporal regions and progressing to the frontal and parietal areas, or in previously absent patches of black hair appearing between the remaining white hairs (**Figure 1** and **Figure 2**). In all cases the patients recovered their previous hair color.

Discussion

Hair graying is a physiological process associated with aging, with some differences between ethnicities.⁶ Hair repigmentation is rare, and it has been reported only in a few publications related to multiple drugs, such as thalido-

Key Points

Question What is known about cutaneous adverse events associated with anti-programmed cell death 1 (anti-PD-1) and anti-programmed cell death ligand 1 (anti-PD-L1) therapies for patients with lung cancer?

Findings In this case series we report 14 patients with hair repigmentation during their anti-PD-1/anti-PD-L1 treatment for lung cancer. Thirteen of the 14 patients remained in treatment with stable disease or partial response, and only 1 had to discontinue therapy owing to disease progression after 4 cycles of treatment.

Meaning Hair repigmentation may be a good response marker in patients receiving anti-PD-1/anti-PD-L1 therapy for lung cancer.

mide, lenalidomide, erlotinib, adalimumab, or etretinate.⁷⁻¹¹ The mechanisms are not clear, although some hypotheses have been proposed. Some authors propose that different drugs can inhibit proinflammatory cytokines (tumor necrosis factor- α , tumor necrosis factor- β , interleukin 1 and interleukin 6) that act as negative regulators of melanogenesis, explaining this repigmentation.^{7,8,10} Other authors propose an almost opposed hypothesis: melanocytes in hair follicles might be activated through inflammatory mediators, such as cytokines and reactive oxygen species, explaining the localized HR after an induced folliculitis.⁹

Patients with melanoma receiving anti-PD-1 therapies may develop vitiligo involving their hair.¹² Nevertheless, HR after anti-PD-1/anti-PD-L1 has not been described. It is worth remembering that all of the patients with HR were receiving treatment for LC.

The mechanisms of melanocyte aging are not yet fully understood. With age, melanocytes are progressively lost from the skin and hair, nevi, and the retinal pigment epithelium of the eye. A recent study reported that the follicular units of gray hair present an increased melanocyte death by apoptosis and oxidative stress compared with matched normally pigmented hair follicles.^{6,13} Unlike "senile white" follicles, gray hair follicles still preserve a reduced number of differentiated and functioning melanocytes located in the hair bulb.⁶ This reduced number of melanocytes may explain the possibility of HR under appropriate conditions.

Of note, all patients with HR but 1 maintained the treatment with at least SD. The patient who had PD, had only received 4 doses. However, clinical trials consider the mean time until clinical response 2.1 months (1.2-7.6 months),¹⁴ thus we cannot consider this case as a therapy failure.

Conclusions

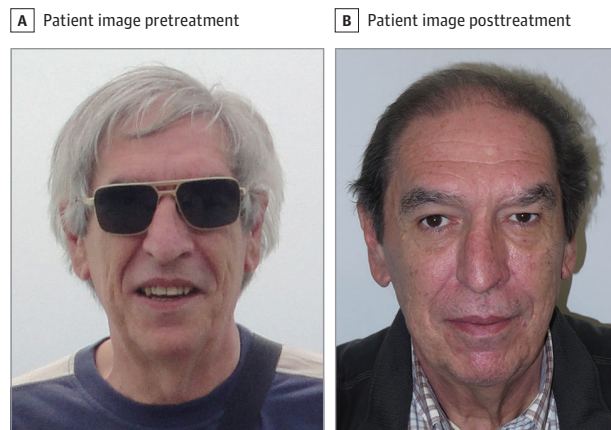
We report 14 cases of HR in patients with LC undergoing anti-PD-1/anti-PD-L1 treatment. We propose that HR might be a marker of clinical response, although further

Table. Characteristics of 14 Patients With Hair Repigmentation

Patient No./Sex/Age	Neoplasm	Drug	Clinical Response	Sessions, No.	Previous RT	Previous Chemotherapy	Hair Loss During Chemotherapy/Radiotherapy
1/M/60s	Lung squamous cell carcinoma	Nivolumab	Partial response	28	No	Cisplatin + vinorelbine	No
2/M/60s	Lung squamous cell carcinoma	Nivolumab	Disease progression	4	No	Cisplatin + gemcitabine	Partial loss
3/M/60s	Lung squamous cell carcinoma	Pembrolizumab	Stable disease	35	Lung	Carboplatin + vinorelbine	No
4/M/70s	Lung squamous cell carcinoma	Nivolumab	Partial response	27	No	First-line therapy: carboplatin + paclitaxel; second-line therapy: carboplatin + gemcitabine	No
5/M/50s	Lung adenocarcinoma	Nivolumab	Partial response	17	Lung, holocraneal	Cisplatin + vinorelbine	Yes (RT)
6/M/70s	Lung adenocarcinoma	Atezolizumab	Partial response	38	No	Carboplatin + pemetrexed	No
7/F/60s	Lung adenocarcinoma	Atezolizumab	Stable disease	35	No	First-line therapy: cisplatin + vinorelbine; second-line therapy: cisplatin + pemetrexed	Partial loss
8/M/50s	Lung adenocarcinoma	Nivolumab	Stable disease	15	Lung	First-line therapy: cisplatin + docetaxel; change to: cisplatin + pemetrexed	Partial loss
9/M/60s	Lung adenocarcinoma	Nivolumab	Partial response	9	Iliac crest (pain treatment)	Cisplatin + gemcitabine	No
10/M/70s	Lung adenocarcinoma	Nivolumab	Partial response	12	No	Carboplatin + paclitaxel	No
11/M/60s	Lung adenocarcinoma	Nivolumab	Stable disease	12	No	First-line therapy: cisplatin + vinorelbine; second-line therapy: carboplatin + pemetrexed + demcizumab	No
12/M/70s	Lung adenocarcinoma	Nivolumab	Stable disease	7	No	No	No
13/M/50s	Lung adenocarcinoma	Nivolumab	Partial response	13	Lung	Cisplatin + vinorelbine	No
14/M/60s	Lung adenocarcinoma	Nivolumab	Partial response	19	No	Carboplatin + gemcitabine	No

Abbreviation: RT, radiotherapy.

Figure 1. Hair Repigmentation in Patient Number 5



A, Picture provided by the patient from before starting therapy. B, Picture taken during the follow up with a clear repigmentation.

Figure 2. Hair Repigmentation in Patient Number 8



A, Picture provided by the patient from before the therapy. B, Picture taken a few months after the treatment had begun.

studies with longer series of patients are required to gain

insights into the physiopathology of the follicle aging and mechanisms of HR.

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